

SURREY TIMETABLE

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
6.00		FLEXTREME 45			
6.15	CLASSIC 30		CLASSIC 30	CLASSIC 30	PUREFLEX 30
7.00	CLASSIC 30	CLASSIC 30	CLASSIC 30	COREFLEX 30	CLASSIC 30
7.45	CLASSIC 30	CLASSIC 30	CLASSIC 30	CLASSIC 30	SPEED4LEX 30
9.15*	BODYFLEX 45	CLASSIC 45	CLASSIC 45	CLASSIC 45	CLASSIC 45
10.15*	CLASSIC 45	CLASSIC 45	CLASSIC 45	CLASSIC 45	CLASSIC 45
11.15*		CLASSIC 45		FUNDAMENTALS 45	CLASSIC 45
12.15*	CLASSIC 30	COREFLEX 30	CLASSIC 30	CLASSIC 30	FLEXTREME 30
14.00*	CLASSIC 30	CLASSIC 30	CLASSIC 30	CLASSIC 30	PUREFLEX 30
14.45*	CLASSIC 30	CLASSIC 30	CLASSIC 30	CLASSIC 30	CLASSIC 30
15.30*	FUNDAMENTALS 45	BODYFLEX 45	CLASSIC 45	PUREFLEX 30	
16.45*	CLASSIC 30	CLASSIC 30	CLASSIC 30	CLASSIC 30	CLASSIC 30
17.30	CLASSIC 45	CLASSIC 45	BODYFLEX 45	CLASSIC 45	CLASSIC 45
18.30	FLEXTREME 30		CLASSIC 30	CLASSIC 30	CLASSIC 30
19.15	CLASSIC 30	CLASSIC 30	COREFLEX 30		CLASSIC 30
20.00	CLASSIC 30	SPEED4LEX 30	CLASSIC 30	CLASSIC 30	CLASSIC 30

	SATURDAY	SUNDAY
8.00	FLEXTREME 45	CLASSIC 45
9.00	CLASSIC 45	BODYFLEX 45
10.00		CLASSIC 45
11.00	CLASSIC 45	

Sessions in bold with an asterisk are available to off peak customers

VALID FROM MARCH 2017

SPEEDFLEX₂₄