

SPEEDFLEX CORK TIMETABLE

TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
6.30		CLASSIC 45		PUREFLEX 30	
7.00	CLASSIC 45		BODYFLEX 45		CLASSIC 45
9.30	PUREFLEX 30	SPEED4LEX 30	PUREFLEX 30	SPEED4LEX 30	PUREFLEX 30
12.00	CLASSIC 45		CLASSIC 30		BODYFLEX 45
13.00		COREFLEX 30		PUREFLEX 30	
18.00	CLASSIC 45	PUREFLEX 30	CLASSIC 45	BODYFLEX 45	CLASSIC 45
19.00		CLASSIC 45		CLASSIC 45	PUREFLEX 30
20.00	CLASSIC 45		CLASSIC 45		

TIME	SATURDAY	SUNDAY
10.00		CLASSIC 45
12.00	CLASSIC 45	

VALID FROM 1ST FEBRUARY 2017